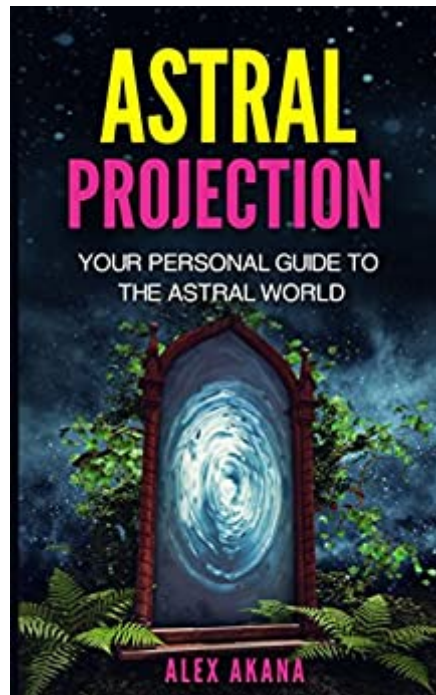




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Astral Projection: Your Personal Guide To The Astral World



Synopsis

Learn Astral Projection Do you long to know what lies beyond the cosmos of this world? Have you always instinctively felt that there's more to this world than meets the eye? Do you find yourself compelled to reach beyond the limitations of human experience to see what waits on the other side? If these questions resonate with you, then you might be ready for an astral projection experience! In this brief but information-packed guide, you will learn about the astral realms and how to prepare yourself for these transcendental experiences. People have many reasons for choosing to practice astral projection. Some want to know what lies beyond death. Others want to be able to visit with loved ones who have passed. Still others want to learn as much as they can about themselves by exploring the world of their unconscious and gaining wisdom from multi-dimensional spirits and entities. Whatever your intentions, astral projection is accessible to you with dedication, practice, and the right information. In *Astral Projection: Your Personal Guide to the Astral World*, you will learn:

- What astral projection is, and how other cultures have interpreted it in their own traditions
- How to prepare yourself for astral projection
- The best techniques for astral projection
- What to expect in the astral realm
- How to know whom to trust in the astral realm
- Protecting yourself in the astral realm
- How to return and ground yourself after astral projection
- How to integrate your experiences to learn and grow from them
- And much more!

If the prospect of astral projection sounds exciting and wonderful to you, don't wait another moment to begin this amazing spiritual experience! Download your copy of *Astral Projection: Your Personal Guide to the Astral World* today!

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Customer Reviews

There is quite a bit of broken English in here, It wasn't very easy to read. Also, there was nothing new or groundbreaking here at all, just going over the same few methods and info that have been around for a long time. Most of the info here can be found on blogs and webpages regarding the subject. Very surprised to see this as the highest rated book on the subject, I think it needs quite a bit more content and a decent editor.

It's a good astral projection book! I was curious about the subject of astral projection and how it is different from dreaming. According to the author, astral projection, or your consciousness leaving your body with control, takes a lot of patience and practice. Although the process is different for different people there are tips here for when and where to practice, and how to allow yourself to reach the required state of relaxation. Various techniques that have developed over the years are described.

This is a great book on Astral Projection. All of the things and tips that I need to know about Personal Guide to the Astral World are already included and well written inside. Alex Akana has done a good job in compiling and creating this book. What I love the most are the part [How to prepare yourself for astral projection](#) & The best techniques for astral projection. [Very informative, useful and well explained.](#) The book is worthy of attention! I highly recommend this book to all.

Astral Projection is a step-by-step introduction to projecting yourself to a different realm through the use of Astral Projection. Astral projection is a spiritual theory of the out of body experience. It also considered the difference between an internal experience. I love this very much! now buy this book it is worth reading.

I found this book to be very informative and encouraging. I think the techniques suggested will be very helpful in achieving the astral plane and is a practical guide to anyone endeavoring to do so. What a good and clear view on a very controversial subject. Great book!. Highly recommended.

what a wonderful guide. I have learned a lot on the topic of astral projection, and while i wasn't successful yet, i intend to use the techniques offered here to try.

very interesting book. im a curious person when it comes to this kind of topics. and ive decided to get some reliable books here in kindle and its worth it. thanks for the writer of this book my questions have been answered

This book is amazing! It helped American state perceive what was happening to American state. Then it wasn't therefore shuddery and alot safer to project.

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